



Serving the
Children
of the World



CHESTER Kiwan-e-gram

MEMBER NEWSLETTER VOLUME XVI – ISSUE NO 5 Feb 2007
CELEBRATING 35 YEARS OF COMMUNITY SERVICE
 The NEW and Improved Kiwanis Club of Chester is on-line at
<http://www.chesterkiwanis.org>

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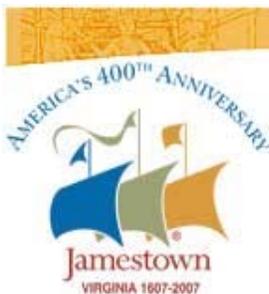
Tom Williams

Programs

Gary Burleigh – 4Q06

Date		Program
2/17	Sat	Div 5 - Midwinter Conference in Harrisonburg, VA on Feb 17th. Guest Speaker: Dave Elswick The topic will be Corporate Community Partners
2/19	Mon	Chuck Washington will give us a Tai Chi demonstration and teach us some relaxation techniques. Tai Chi is a traditional Chinese mind-body relaxation exercise consisting of 108 intricate exercise sequences performed in a slow relaxed manner over a 30 minute period.
2/23		Heart of Virginia Mid-Winter conference registration deadline
2/26	Mon	Chrishawn Spackman will discuss over-seas adoptions, procedures, problems, etc.
3/3	Sat	Heart of Virginia Mid-Winter Conference. This year, the conference will be held on March 3 at the Appomattox Regional Governor's School in Petersburg
3/5	Mon	Regular Meeting followed by Board Meeting , featuring video on Operation Smile
3/12	Mon	Wade Randolph - "Protecting Our Children - Violence in Our Schools" Bullying is one of the underlying causes. TV is marketing violent entertainment to children.
3/19	Mon	TBA - Contact Program Chair Angie McDaniel with suggestions
3/26	Mon	TBA - Contact Program Chair Angie McDaniel with suggestions
3/29	Thu	The club's 35 Anniversary is on March 29th.
3/31	Sat	The Walk for the MCV Children's Room is scheduled for March 31

Meetings are held on Monday Nights at Eckerd's Drug store in Chester at 6:30 PM unless otherwise noted. Contact Program Chair Angie McDaniel with suggestions.



Uncle Ron

President's Message

Ahhh'. It's Winter Doldrums, Seasonal Depression, February's Disease. Whatever we call it, most of us experience it to some degree. I remember a few years ago when visiting Vermont during the summer: I commented how beautiful it was there. Our host agreed but

advised it was tough getting thru February and March when it was so dark, grey, and gloomy.

How do we tend to respond to this depressive mood – crawl home to the warm house, a hot meal and a few hours before the tube? We isolate ourselves and hibernate refusing to go out and participate in life, thus, feeding the depression even more.

But wait, there is hope! One of the successful non-pharmacotherapy means to treat Seasonal Depression is “Light Therapy”. And one of the best sources of Light Therapy is found at Eckerds on Monday evening at 6:30 at your weekly Kiwanis Meeting. It is bright in that meeting room, warm handshakes, slaps on the back and an occasional hug. There are smiles everywhere. **Phil Crow** has a cat story and **Sheriff Walt** prompts many donations from members who want a moment to share a positive experience in their life. I know it is sometimes tough to drag yourself out of that Barcolounger and get to the meeting but once we are there we realize how glad we are that we came. So let’s fight that sinking, downward spiral and get to our Club’s meeting and maximize our Kiwanis Experience.



Before I close let me thank **Tam Moody**, for co-coordinating the Chili Day production, **Steve Miles** for his Chili Master role, and all the **volunteers** who participated in making our annual Chili Day a success – giving back to our community. Special Thanks go to member,

Jimmy Whittleton of Classic Party Rentals, for his generous donation of time, equipment and tents that make the event possible.

If you missed last week you missed the club’s first annual auction of “recycled Christmas presents” held to provide additional funding for [Operation Smile](#). Organized by **Danny Wyatt**, conducted by auctioneer **Phil Crow**, funded primarily by **Joan Benton** and **Angie McDaniel** with bids seeded by **Dr. Joe**; it provoked competition among members and guests.

You also missed a great PowerPoint presentation by **Angie** which provided a pictorial and music based production of our club’s 2006 year in review. We will see if Tom can make it available on our Web Site. Thank you Angie!

Lest we not forget, our newest member, **Joan**



Benton, was officially inducted in Ceremonies conducted by Membership Committee Co-Chairs, **Danny Wyatt** and **Gary Burleigh**. And “Thank You **Gwen**” for bringing Joan and her enthusiasm to us. I know she is going to be a great future leader in our club.

Adios Amigos!

Uncle Ron

CLUB ACTIVITIES

The club will celebrate its **35th Anniversary** on March 29th. President Ron would like some feedback from the general membership if we would like to do something special, possibly with our significant others, to celebrate. “We have a club to be proud of. If we decide to go ahead would you be interested in volunteering to be involved in planning.” Please E-Mail President Ron of your interest.

We were pleased to greet the **Thomas Dale High School Keyette Club** at a recent meeting. The TDHS faculty sponsor **Beth** introduced each of the young ladies who

described recent activities of the Keyette Club. This included the Richmond Animal Shelter, Walk for the MCV Children's Room scheduled for March 31, the Angel Tree, Bon Secours Nursing Home, Tutoring at Curtis Enon and Wells elementary schools, clean-up of the homeless cemetery, the Fall Bazaar, Christmas Parade and Canned Food Drive.

As always, we are proud of our youth and thank the club members who devote countless hours (and miles) to support them.

Our club's very own **Angie McDaniel** provided



Will you be my Valentine?

the program presentation entitled "Valentine's Day - Do's and Don'ts and Gift Ideas". The most important lesson was that a thoughtful gift on Valentine's Day would be far better received than an expensive gift presented the day after Valentine's Day.

President Ron wishes to remind the club that the **Heart of Virginia Mid-Winter conference** registration deadline is February 23. This year, the conference will be held on March 3 at the Appomattox Regional Governor's School in Petersburg. See Angie for registration forms or register on-line by following the link on www.chesterkiwanis.org

SPECIAL RECOGNITION

Our very own **David Elswick** was invited by **Herbert Ely**, the Lt. Governor for Division 5, to be a speaker at their mid-Winter conference. The topic will be: Corporate Community Partners. How did he do it?

"The other year when Joe Hillier invited me to join the Kiwanis, we had a discussion and he was interested in getting additional resources to help us provide scholarships. So I started searching the Internet to see what Community Involvement Programs are offered by corporations with stores in the Chester area."

"I found about 40 corporations that provide various types of support for youth-focused projects. Since their stores are everywhere, I wrote an article and submitted it to eBuilder."

So there you have it. If you want to have your name in lights and get invited to speak in front of thousands of fellow Kiwanians, then do some research. Find resources, investigate needs, organize community events. Our congratulations go out to Dave.

Anniversaries and Birthdays

Anniversaries

Noelle and Eddie Grosso	02/7
Dixon and Gemma Handwerk	02/29
Dayton & Brenda Todd	02/18

Birthdays

David Duncan	02/27
Dan Hill	02/18
Kim Slagle	02/03
Jay Slagle	02/17
Guy Smith	02/21

Postage stamp saved this month:



First Day: May 3, 1907
7,980,594 issued

"As with the Columbian, Trans-Mississippi, Pan-American, and Louisiana Purchase stamps that preceded them and as with many of the 'commemorative' sets issued in the following decades, the Jamestown stamps were issued to promote an exposition - the Jamestown Exposition of 1907 at what is now the Norfolk Naval Base in Virginia. For once, the date of commemoration actually represented an event, the 300th anniversary of the Jamestown Settlement in 1607."

By the way, if you have not been to Jamestown (The National Park) since the Hurricane, you need to go ... quickly before the tourist's arrive. The new museum and *Archaearium* alone are worth the trip!